

Seabrook Market Basket #41
838 Lafayette Rd
Seabrook, NH 03874

Shoppers' Guide

ITEM	AISLE	ITEM	AISLE	ITEM	AISLE
A		Canning Supplies	1	Escargot	1
Air Freshener	9	Cat Food-Cat Litter-Cat Needs .	8	Eye Care	7
Aluminum Foil	6	Cereal	3	F	
Ammonia.	9	Charcoal	8	Facial Tissue	7
Applesauce	2	Cheese: <i>Grated Parmesan</i>	4	Fabric Softener	9
Automotive	8	<i>Prepackaged</i> Dairy Aisle		Feminine Needs	7
B		<i>Specialty</i> Cheese Case		Figs: <i>Dry</i>	3
Baby Food	7	Chili Sauce: . . . Above Fzn Shrimp		Fish: <i>Canned</i>	1
Baby Powder	7	Chinese Food: <i>Canned</i>	4	<i>Fresh</i> Deli/Fish Dept	
Bags: <i>Lunch-Sandwich</i>	6	Cherries: <i>Canned</i>	2	Flour	2
<i>Garbage-Trash</i>	6	<i>Jar</i>	2	Food Coloring	2
Bakery:		Chowder: <i>Clam-Corn-Potato</i> . .	4	Freezer Wrap	6
<i>Packaged</i> Front Main Aisle		Clams: <i>Canned-Minced-Juice</i> . .	1	Fruit: <i>Canned</i>	2
Bakeware	6	Coffee	2	<i>Fresh</i> Produce Dept	
Baking Needs	2	Cold Remedies	7	Frozen Foods	12 & 13
Barbecue Sauce	1	Cookies	6	G	
Bath Tissue	8	Cottage Cheese Dairy Aisle		Gloves-Work	9
Batteries	9	Crackers	6	Granola Bars	3
Beans: <i>Baked</i>	1	Cranberry Sauce	2	Gravy	5
<i>Dry</i>	1	Croutons	1	Grits	3
Bisquick	2	D		H	
Bleach	9	Deodorant	7	Ham Glaze	1
Bouillon Cubes	4	Detergent: <i>Dish - Dishwasher</i> .	9	Hamburger Helper	5
Bread	11	<i>Laundry</i>	9	Honey	3
Bread Crumbs	1	Diapers	7	Household Cleaners	9
Brooms	9	Disinfectant Spray	9	I	
Bug Spray	8	Dog Food-Dog Needs	8	Ice Cream	13
Butter Dairy Aisle		Drain Cleaner	9	Ice Cream Cones	13
Butter Buds	2	Dried Fruit: <i>Currants-Dates</i> . . .	3	Ice Cubes . . . Back Corner Produce	
C		<i>Prunes-Raisins</i> . . .	3	Iced Tea Mix	10
Cake Mix	2	Dye: <i>Fabric</i>	9	J	
Candles: <i>Birthday</i>	2	E		Jam & Jelly	11
<i>Household</i>	9	Eggs Dairy Aisle		Jello	2
Candy	13	Electrical Supplies	9	Juice	5

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K		P		Soap: <i>Bar-Body-Hand-Liquid</i> . .	7
Ketchup	1	Pancake Mix	2	Soda	10
Kitchen Gadgets . .	Above Hot Dogs	Paper: <i>Cups-Plates</i>	6	Soup	4
Kool Aid.	Front Main Aisle	<i>Towels</i>	8	Spaghetti Sauce	4
L		Pasta	4	Spam.	4
Laundry Detergent	9	Peanut Butter	11	Spices	2
Laxative	7	Pie Filling	2	Sponges	9
Lightbulbs	9	Plasticware	6	Stationery	9
Liquid Smoke	5	Pop Tarts.	3	Steel Wool	9
M		Popping Corn	6	Straws	6
Mac & Cheese: <i>Packaged</i>	4	Potato Chips	11	Stuffing Mix	1
Magazines	Checkout	Potatoes: <i>Fresh</i>Produce Dept		Sugar	2
Mayonnaise	1	<i>Canned-Instant</i>	5	T	
Meat: <i>Canned</i>	4	Pudding Mix	2	Taco: <i>Sauce-Shells</i>	4
<i>Fresh</i>	Meat Dept	R		Tahini	1
Mexican Food	4	Raisins	3	Tea Bags	2
Milk: <i>Fluid</i>	Dairy Aisle	Razor Blades	Checkout	Tissue: <i>Bath</i> . . 10 <i>Facial</i>	8
<i>Evaporated-Powdered</i>	2	Rice: <i>Packaged</i>	5	Tomato: <i>Canned</i>	4
Molasses	2	<i>Cakes</i>	3	<i>Fresh</i>	Produce Dept
Mops	9	Rubbermaid	6	<i>Paste</i>	4
Mouthwash	7	Rubbing Alcohol	7	<i>Sauce</i>	4
Mushrooms: <i>Canned</i>	5	S		Toothbrushes-Toothpaste	7
Mustard	1	Salad Dressing	1	Toothpicks	6
N		Salt	2	Tuna: <i>Canned</i>	1
Napkins	6	Sanitary Napkins	7	V	
Noodles	5	Sardines: <i>Canned</i>	1	Vegetables: <i>Canned</i>	5
Nuts: <i>Baking</i>	2	Sauce: <i>BBQ-Chili-Steak</i>	1	<i>Fresh</i>	Produce Dept
<i>Peanuts in shell</i>	Produce Dept	<i>Tabasco -Tartar</i>	1	Vinegar	1
<i>Snack Nuts</i>	13	<i>Soy</i>	4	Vitamins	7
O		Shake & Bake	Above Fzn Fish	W	
Oil: <i>Canola-Cooking-Corn</i>	1	Shaving Needs	7	Water: <i>Distilled-Spring</i>	10
<i>Olive-Vegetable</i>	1	Shoe Care	7	Wax Paper	6
<i>Motor</i>	8	Shortening	1	Wheat Germ	3
Olives	1			Windshield Washer Fluid	8