

**Westbrook Market Basket #85**  
**90 Rock Row**  
**Westbrook, ME 04092**

# Shoppers' Guide

**ITEM**

**A**

Air Freshener . . . . . 13  
 Aluminum Foil . . . . . 8  
 Ammonia . . . . . 13  
 Applesauce . . . . . 8  
 Automotive . . . . . 12

**B**

Baby Food . . . . . 11  
 Baby Powder . . . . . 11  
 Bags: *Lunch-Sandwich* . . . . . 8  
       *Garbage-Trash* . . . . . 8  
 Bakery: *Fresh* . . . . . Front Corner  
       *Packaged* . . . . . 16  
 Bakeware . . . . . 8  
 Baking Needs . . . . . 7  
 Barbecue Sauce . . . . . 3  
 Bath Tissue . . . . . 10  
 Batteries . . . . . 13  
 Beans: *Baked* . . . . . 3  
       *Dry* . . . . . 6  
 Bisquick . . . . . 4  
 Bleach . . . . . 13  
 Bouillon Cubes . . . . . 2  
 Bread . . . . . 16  
 Bread Crumbs . . . . . Back of 18 & 19  
 Brooms . . . . . 13  
 Bug Spray . . . . . 12  
 Butter . . . . . 1  
 Butter Buds . . . . . 6

**C**

Cake Mix . . . . . 7  
 Candles: *Birthday* . . . . . Bakery Case  
       *Household* . . . . . 13  
 Candy . . . . . 8

**ITEM**

Canning Supplies . . . . . Produce  
 Cat Food-Cat Litter-Cat Needs . 12  
 Cereal . . . . . 4  
 Charcoal . . . . . 12  
 Cheese: *Grated Parmesan* . . . . . 5  
       *Prepackaged* . . . . . 1  
       *Specialty* . . . . . Cheese Case  
 Chili Sauce . . . . . Back Main Aisle  
 Chinese Food: *Canned* . . . . . 2  
 Cherries: *Canned* . . . . . 7  
       *Jar* . . . . . 8  
 Chowder: *Clam-Corn-Potato* . . . . . 2  
 Clams: *Canned-Minced-Juice* . . . . . 3  
 Coffee . . . . . 7  
 Cold Remedies . . . . . 11  
 Cookies . . . . . 16  
 Cottage Cheese . . . . . 1  
 Crackers . . . . . 16  
 Cranberry Sauce . . . . . 8  
 Croutons . . . . . 3

**D**

Deodorant . . . . . 11  
 Detergent: *Dish - Dishwasher* . . . . . 13  
       *Laundry* . . . . . 13  
 Diapers . . . . . 11  
 Disinfectant Spray . . . . . 13  
 Dog Food-Dog Needs . . . . . 12  
 Drain Cleaner . . . . . 13  
 Dried Fruit: *Currants-Dates* . . . . . 8  
       *Prunes-Raisins* . . . . . 8  
 Dye: *Fabric* . . . . . 13

**E**

Eggs . . . . . 2  
 Electrical Supplies . . . . . 13

**ITEM**

Escargot . . . . . 3  
 Eye Care . . . . . 10

**F**

Facial Tissue . . . . . 10  
 Fabric Softener . . . . . 13  
 Feminine Needs . . . . . 11  
 Figs: *Dry* . . . . . Produce Dept  
 Fish: *Canned* . . . . . 3  
       *Fresh* . . . . . Deli/Fish Dept  
 Flour . . . . . 7  
 Food Coloring . . . . . 7  
 Freezer Wrap . . . . . 8  
 Fruit: *Canned* . . . . . 8  
       *Fresh* . . . . . Produce Dept  
 Frozen Foods . . . . . 18 & 19

**G**

Gloves-Work . . . . . 13  
 Granola Bars . . . . . 4  
 Gravy . . . . . 6  
 Greeting Cards . . . . . Produce Dept

**H**

Ham Glaze . . . . . 3  
 Hamburger Helper . . . . . 5  
 Honey . . . . . 4  
 Household Cleaners . . . . . 13

**I**

Ice Cream . . . . . Freezer Wall  
 Ice Cream Cones . . . . . I C Corner  
 Ice Cubes . . . . . 18  
 Iced Tea Mix . . . . . 14

**J**

Jam & Jelly . . . . . 8  
 Jello . . . . . 7  
 Juice . . . . . 6

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## ITEM

### K

Ketchup . . . . . 3  
 Kitchen Gadgets . . . . . 8  
 Kool Aid . . . . . 14  
 Kosher Foods . . . . . 2

### L

Laundry Detergent . . . . . 13  
 Laxative . . . . . 11  
 Lightbulbs . . . . . 13

### M

Mac & Cheese: *Packaged* . . . . . 5  
 Magazines . . . . . Registers  
 Mayonnaise . . . . . 3  
 Meat: *Canned* . . . . . 3  
       *Fresh* . . . . . Meat Dept  
 Mexican Food . . . . . 3  
 Milk: *Fluid* . . . . . 1  
       *Evaporated-Powdered* . . . . . 7  
 Molasses . . . . . 4  
 Mops . . . . . 13  
 Mouthwash . . . . . 11  
 Mushrooms: *Canned* . . . . . 6  
 Mustard . . . . . 3

### N

Napkins . . . . . 8  
 Noodles . . . . . 5  
 Nuts: *Baking* . . . . . 7  
       *Peanuts in shell* . . . . . Produce Dept  
       *Snack Nuts* . . . . . 9

### O

Oil: *Canola-Cooking-Corn* . . . . . 3  
       *Olive-Vegetable* . . . . . 3  
       *Motor* . . . . . 12  
 Olives . . . . . 3

## ITEM

### P

Pancake Mix . . . . . 4  
 Paper: *Cups-Plates* . . . . . 8  
       *Towels* . . . . . 12  
 Pasta . . . . . 5  
 Peanut Butter . . . . . 8  
 Pie Filling . . . . . 7  
 Pizza: *Fresh* . . . . . Market's Kitchen  
 Plasticware . . . . . 8  
 Pop Tarts . . . . . 4  
 Popping Corn . . . . . 9  
 Potato Chips . . . . . 9  
 Potatoes: *Fresh* . . . . . Produce Dept  
       *Canned-Instant* . . . . . 6  
 Pudding Mix . . . . . 7

### R

Raisins . . . . . 8  
 Razor Blades . . . . . 10  
 Rice: *Packaged* . . . . . 5  
       *Cakes* . . . . . 4  
 Rubbermaid . . . . . 12  
 Rubbing Alcohol . . . . . 11

### S

Salad Dressing . . . . . 3  
 Salt . . . . . 7  
 Sanitary Napkins . . . . . 11  
 Sardines: *Canned* . . . . . 3  
 Sauce: *BBQ-Steak* . . . . . 3  
       *Tabasco / Tartar* . . . . . 3  
       *Soy* . . . . . 2  
 Shake & Bake . . . . . 18  
 Shaving Needs . . . . . 10  
 Shoe Care . . . . . 10  
 Shortening . . . . . 3

## ITEM

Soap: *Bar-Body-Hand-Liquid* . . . . . 10  
 Soda . . . . . 15  
 Soup . . . . . 2  
 Spaghetti Sauce . . . . . 5  
 Spam . . . . . 3  
 Spices . . . . . 7  
 Sponges . . . . . 13  
 Stationery . . . . . 10  
 Steel Wool . . . . . 13  
 Straws . . . . . 8  
 Stuffing Mix . . . . . Back Main Aisle  
 Sugar . . . . . 7

### T

Taco: *Sauce-Shells* . . . . . 3  
 Tea Bags . . . . . 7  
 Tissue: *Bath* . . . . . 10    *Facial* . . . . . 10  
 Tomato: *Canned* . . . . . 5  
       *Fresh* . . . . . Produce Dept  
       *Paste* . . . . . 5  
       *Sauce* . . . . . 5

Toothbrushes-Toothpaste . . . . . 11  
 Toothpicks . . . . . 8  
 Tuna: *Canned* . . . . . 3

### V

Vegetables: *Canned* . . . . . 6  
       *Fresh* . . . . . Produce Dept  
 Vinegar . . . . . 3  
 Vitamins . . . . . 10

### W

Water: *Distilled-Spring* . . . . . 14  
 Wax Paper . . . . . 8  
 Wheat Germ . . . . . 4  
 Windshield Washer . . . . . 12