

**Seabrook Market Basket #41**

838 Lafayette Rd

Seabrook, NH 03874

**Shoppers' Guide**

ITEM	AISLE
<b>A</b>	
Air Freshener . . . . .	9
Aluminum Foil . . . . .	6
Ammonia . . . . .	9
Applesauce . . . . .	3
Automotive . . . . .	8
<b>B</b>	
Baby Food . . . . .	7
Baby Powder . . . . .	7
Bags: <i>Lunch-Sandwich</i> . . . . .	6
<i>Garbage-Trash</i> . . . . .	6
Bakery:	
<i>Packaged</i> . . . . .	Front Main Aisle
Bakeware . . . . .	6
Baking Needs . . . . .	2
Barbecue Sauce . . . . .	1
Bath Tissue . . . . .	6
Batteries . . . . .	9
Beans: <i>Baked</i> . . . . .	1
<i>Dry</i> . . . . .	1
Bisquick . . . . .	2
Bleach . . . . .	9
Bouillon Cubes . . . . .	4
Bread . . . . .	11
Bread Crumbs . . . . .	Above Frzn Fish
Brooms . . . . .	9
Bug Spray . . . . .	8
Butter . . . . .	Dairy Aisle
Butter Buds . . . . .	2
<b>C</b>	
Cake Mix . . . . .	2
Candles: <i>Birthday</i> . . . . .	2
<i>Household</i> . . . . .	9
Candy . . . . .	3

ITEM	AISLE
Canning Supplies . . . . .	1
Cat Food-Cat Litter-Cat Needs . . . . .	8
Cereal . . . . .	3
Charcoal . . . . .	8
Cheese: <i>Grated Parmesan</i> . . . . .	4
<i>Prepackaged</i> . . . . .	Dairy Aisle
<i>Specialty</i> . . . . .	Cheese Case
Chili Sauce: . . . . .	1
Chinese Food: <i>Canned</i> . . . . .	4
Cherries: <i>Canned</i> . . . . .	2
<i>Jar</i> . . . . .	2
Chowder: <i>Clam-Corn-Potato</i> . . . . .	4
Clams: <i>Canned-Minced-Juice</i> . . . . .	1
Coffee . . . . .	2
Cold Remedies . . . . .	7
Cookies . . . . .	6
Cottage Cheese . . . . .	Dairy Aisle
Crackers . . . . .	6
Cranberry Sauce . . . . .	2
Croutons . . . . .	1
<b>D</b>	
Deodorant . . . . .	7
Detergent: <i>Dish - Dishwasher</i> . . . . .	9
<i>Laundry</i> . . . . .	9
Diapers . . . . .	7
Disinfectant Spray . . . . .	9
Dog Food-Dog Needs . . . . .	8
Drain Cleaner . . . . .	9
Dried Fruit: <i>Currants-Dates</i> . . . . .	3
<i>Prunes-Raisins</i> . . . . .	3
Dye: <i>Fabric</i> . . . . .	9
<b>E</b>	
Eggs . . . . .	Dairy Aisle
Electrical Supplies . . . . .	9

ITEM	AISLE
Escargot . . . . .	1
Eye Care . . . . .	7
<b>F</b>	
Facial Tissue . . . . .	7
Fabric Softener . . . . .	9
Feminine Needs . . . . .	7
Figs: <i>Dry</i> . . . . .	3
Fish: <i>Canned</i> . . . . .	1
<i>Fresh</i> . . . . .	Deli/Fish Dept
Flour . . . . .	2
Food Coloring . . . . .	2
Freezer Wrap . . . . .	6
Fruit: <i>Canned</i> . . . . .	2
<i>Fresh</i> . . . . .	Produce Dept
Frozen Foods . . . . .	12 & 13
<b>G</b>	
Gloves-Work . . . . .	9
Granola Bars . . . . .	3
Gravy . . . . .	5
Grits . . . . .	3
<b>H</b>	
Ham Glaze . . . . .	1
Hamburger Helper . . . . .	5
Honey . . . . .	2
Household Cleaners . . . . .	9
<b>I</b>	
Ice Cream . . . . .	13
Ice Cream Cones . . . . .	13
Ice Cubes . . . . .	Back Corner Produce
Iced Tea Mix . . . . .	2
<b>J</b>	
Jam & Jelly . . . . .	11
Jello . . . . .	2
Juice . . . . .	5

**K**

Ketchup . . . . . 1  
 Kitchen Gadgets . . Above Hot Dogs  
 Kool Aid. . . . . Front Main Aisle

**L**

Laundry Detergent . . . . . 9  
 Laxative . . . . . 7  
 Lightbulbs . . . . . 9

**M**

Mac & Cheese: *Packaged* . . . . . 4  
 Magazines . . . . . Checkout  
 Mayonnaise . . . . . 1  
 Meat: *Canned* . . . . . 1  
       *Fresh* . . . . . Meat Dept  
 Mexican Food . . . . . 4  
 Milk: *Fluid* . . . . . Dairy Aisle

*Evaporated-Powdered* . . . . . 2  
 Molasses . . . . . 2  
 Mops . . . . . 9  
 Mouthwash . . . . . 7  
 Mushrooms: *Canned* . . . . . 5  
 Mustard . . . . . 1

**N**

Napkins . . . . . 6  
 Noodles . . . . . 5  
 Nuts: *Baking* . . . . . 2  
       *Peanuts in shell* . . Produce Dept  
       *Snack Nuts* . . . . . 6

**O**

Oil: *Canola-Cooking-Corn* . . . . . 1  
       *Olive-Vegetable* . . . . . 1  
       *Motor* . . . . . 8  
 Olives . . . . . 1

**P**

Pancake Mix . . . . . 2  
 Paper: *Cups-Plates* . . . . . 6  
       *Towels* . . . . . 8  
 Pasta . . . . . 4  
 Peanut Butter . . . . . 11  
 Pie Filling . . . . . 2  
 Plasticware . . . . . 6  
 Pop Tarts. . . . . 3  
 Popping Corn . . . . . 6  
 Potato Chips . . . . . 11  
 Potatoes: *Fresh* . . . Produce Dept  
       *Canned-Instant* . . . . . 5  
 Pudding Mix . . . . . 2

**R**

Raisins . . . . . 3  
 Razor Blades . . . . . Checkout  
 Rice: *Packaged* . . . . . 5  
       *Cakes* . . . . . 3  
 Rubbermaid . . . . . 6  
 Rubbing Alcohol . . . . . 7

**S**

Salad Dressing . . . . . 1  
 Salt . . . . . 2  
 Sanitary Napkins . . . . . 7  
 Sardines: *Canned* . . . . . 1  
 Sauce: *BBQ-Chili-Steak* . . . . . 1  
       *Tabasco -Tartar* . . . . . 1  
       *Soy* . . . . . 4

Shake & Bake . . . Above Frz Fish  
 Shaving Needs . . . . . 7  
 Shoe Care . . . . . 7  
 Shortening . . . . . 1

Soap: *Bar-Body-Hand-Liquid* . . . . . 7

Soda . . . . . 10  
 Soup . . . . . 4  
 Spaghetti Sauce . . . . . 4  
 Spam. . . . . 1  
 Spices . . . . . 2  
 Sponges . . . . . 9  
 Stationery . . . . . 9  
 Steel Wool . . . . . 9  
 Straws . . . . . 6  
 Stuffing Mix . . . . . 1  
 Sugar . . . . . 2

**T**

Taco: *Sauce-Shells* . . . . . 4  
 Tea Bags . . . . . 2  
 Tissue: *Bath & Facial* . . . . . 8  
 Tomato: *Canned* . . . . . 4

*Fresh* . . . . Produce Dept  
       *Paste* . . . . . 4  
       *Sauce* . . . . . 4  
 Toothbrushes-Toothpaste . . . . . 7  
 Toothpicks . . . . . 6  
 Tuna: *Canned* . . . . . 1

**V**

Vegetables: *Canned* . . . . . 5  
       *Fresh* . . . . . Produce Dept  
 Vinegar . . . . . 1  
 Vitamins . . . . . 7

**W**

Water: *Distilled-Spring* . . . . . 10  
 Wax Paper . . . . . 6  
 Wheat Germ . . . . . 3  
 Windshield Washer Fluid . . . . . 8