

Seabrook Market Basket #30

380 Lafayette Rd

Seabrook, NH 03874

Shoppers' Guide

ITEM	AISLE
A	
Air Freshener	12
Aluminum Foil	9
Ammonia	12
Applesauce	10
Automotive	12
B	
Baby Food	7
Baby Powder	7
Bags: <i>Lunch-Sandwich</i>	9
<i>Garbage-Trash</i>	9
Bakery: <i>Fresh</i>	Front Corner
<i>Packaged</i>	17
Bakeware	9
Baking Needs	6
Barbecue Sauce	2
Bath Tissue	8
Batteries	7
Beans: <i>Baked</i>	1
<i>Dry</i>	1
Beer	16
Bisquick	3
Bleach	12
Bread	17
Bread Crumbs	1
Brooms	12
Bug Spray	11
Butter	1
Butter Buds	5
C	
Cake Mix	6
Candles: <i>Birthday</i>	Bakery
<i>Household</i>	12
Candy	10

ITEM	AISLE
Canning Supplies	2
Cat Food-Cat Litter-Cat Needs ..	11
Cereal	3
Charcoal	12
Cheese: <i>Grated Parmesan</i>	4
<i>Prepackaged</i>	1
<i>Specialty</i>	Cheese Case
Chili Sauce:	2
Chinese Food: <i>Canned</i>	9
Cherries: <i>Canned</i>	6
<i>Jar</i>	2
Chowder: <i>Clam-Corn-Potato</i> ...	9
Clams: <i>Canned-Minced-Juice</i> ...	2
Coffee	6
Cold Remedies	8
Cookies	10
Cottage Cheese	1
Crackers	10
Cranberry Sauce	10
Croutons	2
D	
Deodorant	7
Detergent: <i>Dish - Dishwasher</i> ..	12
<i>Laundry</i>	12
Diapers	7
Disinfectant Spray	12
Dog Food-Dog Needs	11
Drain Cleaner	12
Dried Fruit: <i>Currants-Dates</i> ...	10
<i>Prunes-Raisins</i> ...	10
Dye: <i>Fabric</i>	12
E	
Eggs	1
Electrical Supplies	9

ITEM	AISLE
Escargot	2
Eye Care	8
F	
Facial Tissue	8
Fabric Softener	12
Feminine Needs	8
Figs: <i>Dry</i>	Produce Dept
Fish: <i>Canned</i>	2
<i>Fresh</i>	Deli/Fish Dept
Flour	6
Food Coloring	6
Freezer Wrap	9
Fruit: <i>Canned</i>	10
<i>Fresh</i>	Produce Dept
Frozen Foods	17 & 18
G	
Gloves-Work	12
Granola Bars	3
Gravy	5
Grits	3
H	
Ham Glaze	2
Hamburger Helper	4
Honey	3
Household Cleaners	12
I	
Ice Cream	Freezer Wall
Ice Cream Cones ..	Back of Floral
Ice Cubes	End of Aisle 17
Iced Tea Mix	6
J	
Jam & Jelly	10
Jello	6
Juice	5

K

Ketchup	2
Kitchen Gadgets	9
Kool Aid	14
Kosher Foods	2

L

Laundry Detergent	12
Laxative	8
Lightbulbs	9

M

Mac & Cheese: <i>Packaged</i>	4
Magazines Registers	
Mayonnaise	2
Meat: <i>Canned</i>	2
<i>Fresh</i> Meat Dept	
Mexican Food	2
Milk: <i>Fluid</i>	1
<i>Evaporated-Powdered</i>	6
Molasses	3
Mops	12
Mouthwash	7
Mushrooms: <i>Canned</i>	5
Mustard	2

N

Napkins	11
Noodles	4
Nuts: <i>Baking</i>	6
<i>Peanuts in shell</i> . . Produce Dept	
<i>Snack Nuts</i>	15

O

Oil: <i>Canola-Cooking-Corn</i>	2
<i>Olive-Vegetable</i>	2
<i>Motor</i>	12
Olives	2

P

Pancake Mix	3
Paper: <i>Cups-Plates</i>	9
<i>Towels</i>	11
Pasta	4
Peanut Butter	10
Pie Filling	6
Pizza: <i>Fresh</i> Market's Kitchen	
Plasticware	11
Pop Tarts	3
Popping Corn	15
Potato Chips	15
Potatoes: <i>Fresh</i> Produce Dept	
<i>Canned-Instant</i>	5
Pudding Mix	6

R

Raisins	10
Razor Blades 7 & Checkout	
Rice: <i>Packaged</i>	4
<i>Cakes</i>	3
Rubbermaid	9
Rubbing Alcohol	8

S

Salad Dressing	2
Salt	6
Sanitary Napkins	8
Sardines: <i>Canned</i>	2
Sauce: <i>BBQ-Chili-Steak</i>	2
<i>Tabasco -Tartar</i>	2
<i>Soy</i>	9
Shake & Bake	1
Shaving Needs	7
Shoe Care	7
Shortening	2

Soap: *Bar-Body-Hand-Liquid* 7

Soda	13
Soup	9
Spaghetti Sauce	4
Spam	2
Spices	6
Sponges	12
Stationery	11
Steel Wool	12
Straws	11
Stuffing Mix	1
Sugar	6

T

Taco: <i>Sauce-Shells</i>	2
Tea Bags	6
Tissue: <i>Bath</i> . . 8 <i>Facial</i>	8
Tomato: <i>Canned</i>	4
<i>Fresh</i> Produce Dept	
<i>Paste</i>	4
<i>Sauce</i>	4
Toothbrushes-Toothpaste	7
Toothpicks	11
Tuna: <i>Canned</i>	2

V

Vegetables: <i>Canned</i>	5
<i>Fresh</i> Produce Dept	
Vinegar	2
Vitamins	7

W

Water: <i>Distilled-Spring</i>	14
Wax Paper	9
Wheat Germ	3
Windshield Washer Fluid	11
Wine	16